



### Should I sign this form?

You've been asked to sign this form to support an i-go applicant who has no medical diagnosis (including Social, Emotional, Mental Health Conditions). We need to know that their mental health problem could be considered a disability (as defined by the **Equality Act 2010**).

The Equality Act says you have a disability if you 'have a physical or mental impairment that has a substantial, adverse and long-term effect on your ability to carry out normal day-to-day activities'.

The focus is on the effect of a mental health problem, rather than the diagnosis. So, ask yourself:

1. Does the applicant's impairment have more than a small effect on their everyday life, making things more difficult for them?
2. Has it lasted at least 12 months, is likely to last 12 months, or is it likely to recur?
3. Does it have a more than minor adverse effect on their day-to-day living?

If you answered "yes" to all three questions you can sign this form.

There are some useful examples about whether a mental health issue is a disability on the MIND website [www.mind.org.uk](http://www.mind.org.uk)

If you are not sure or have any questions, please get in touch [i-go@eastsussex.gov.uk](mailto:i-go@eastsussex.gov.uk)

Tel: 01273 336044

Applicant's full name:		Applicant's date of birth	
Applicant's address (and postcode)			
About you:			
Name of person signing application support form		Relationship to applicant:	
Job title/ position:		Organisation	
Phone:		Email:	
<b>Agreement</b> As a professional working with the applicant named above, I certify that I believe they have a disability or special need as defined by the Equality Act 2010 as detailed above, and believe they should be eligible for an i-go card (tick as appropriate): <input type="checkbox"/> Yes			
Signature:		Date:	